

Karim Elalfy

EDUCATION

Instructor at Department of anatomy and Cell biology – Rush Medical College

Instructor in Anatomy for Medical Students Sep 2021 till now

Candidate of Doctor of Education (Ed.D.) in Health Professions Education

Logan University, Missouri Expected Graduation: September 2026

TA in UIC Anatomy Labs

DPT department at UIC as TA in Gross anatomy lab for DPT students
Sep 2016 to 2020

MA in Pathokinesiology

Steinhardt School of Culture, Education and Human Development
New York University Spring 2013

Physical Therapist and Instructor/Supervisor staff for interns

Cairo University Hospitals at the Orthopaedic Surgery Department Nov 2008 to Oct 2009

Internship

Cairo University Hospitals and the Out-Clinic of Faculty of the Physical Therapy
Cairo University Nov 2006 to Oct 2007

BSc in Physical Therapy

Faculty of Physical Therapy, Cairo University June 2006

LICENSURE AND CERTIFICATIONS

1. Physical Therapist, Illinois
2. Physical Therapist, New York
3. Member of the American Physical Therapy Association (APTA)
4. Member of the American Association for Anatomy (AAA)
5. Member of NSCA

Current qualifications	➤ Master's Degree in Physical Therapy- Kinesiology, New York University
Work Experience in USA	<ul style="list-style-type: none"> ➤ Brooklyn Outpt Clinic for MSK and Neuromuscular conditions, Brooklyn, New York 2010-2013 ➤ United Rehab providers for Orthopedic conditions and MSK injuries, Oak Lawn, Illinois 2013 till now ➤ Regency Home Health Care, P.C., Oak Lawn, Illinois 2013 till now ➤ Advocate HHC , Illinois 2013 to 2019
Work Experience outside USA	<ul style="list-style-type: none"> ➤ Cairo University hospitals Physical Therapist and Instructor/Supervisor staff for interns ➤ Neuromuscular and Pediatrics Rehabilitation at different settings.
Teaching Experience	<ul style="list-style-type: none"> ➤ TA at Gross Anatomy lab for the doctorate of Physical Therapy Program at UIC under supervision of Dr. Laura Thorp, course director for the Department of Physical Therapy's Human Gross Anatomy and Neuroanatomy courses in the doctorate of physical therapy program at the University of Illinois in Chicago. Sep 2016 to 2019 ➤ Teaching faculty in continuing education courses for practicing physical therapists, "Clinical Anatomy of the Upper Limb and Back" and "Clinical Anatomy of the Lower Limbs and Pelvis," at UIC since 2019 till now

	<ul style="list-style-type: none"> ➤ Instructor/Teacher in two educational projects at Cairo University Hospitals, Physical therapy for post-operative orthopedics cases and Physical therapy for Neuromuscular cases for PT postgraduates. Applied over 100 Pts at the hospitals 2006-2010 ➤ Presenter at CSM, APTA about The Impact of Physical Therapy Management on a Patient Post-COVID 19 in the Home-Health Setting 2020 ➤ Cofounder of organizing many courses in Physical therapy for Pediatrics with Dean of the Faculty of Physical therapy Prof. Dr. Kamal Shoukry 2007 to 2010. ➤ Presenter 3 times at the national conference on Human Performance and Disability, Faculty of Medicine at Cairo University, 2005 to 2007 about Ergonomics and Physical therapist respectively
--	---

Experience Summary:

Instructor experience in Anatomy teaching and practical dissection for medical students at Rush medical University since 2021.

TA at Gross Anatomy lab for the DPT Program at UIC under supervision of Dr. Laura Thorp, Clinical Associate Professor

Teaching experience in different fields of Physical therapy at different settings at Cairo University including Neuromuscular cases, Orthopedics (post operative), pediatrics and biomechanics. in the Department of Physical Therapy in the College of Applied Health Sciences.

In addition to the internship year mentioned above, I was hired immediately as a physical therapist and Instructor/Supervisor staff for interns at Cairo University Hospital at the Orthopaedic Inpatient Rehabilitation from November 2008 to October 2009. In 2010, I traveled to USA to start my Master's Program (Physical Therapy-Kinesiology). My work experience in USA was at Brooklyn rehab, United rehab providers and Regency Home Health Care and United Rehabilitation (outpatient) since 2012 till now as a physical therapist for orthopedics postoperative cases, neurological conditions and cardiopulmonary rehabilitation. I was assigned as Quality assurance reviewer for 2 years with Regency home health care. I start my working experience with advocate HHC since 2013 till 2019, which adds more experience with postoperative conditions specially, TKR, THR and cardiovascular conditions.

Since March 2020, I was involved in rehabilitation of COVID 19 and Post COVID 19 post hospitalized cases at home settings and I present a poster collecting my interactions as a physical therapist with such conditions at home health settings at CSM conference of APTA 2021.

Other than professional rule, I Have a great passion to sport and exercise. I was practicing CrossFit for three years and acquired level one trainer of the CrossFit.

Skills	<ol style="list-style-type: none"> 1. Able to transfer experience/knowledge in a well-organized manner using clear explanation, classification, and demonstration. 2. Able to teach/transfer knowledge in several topics which are related to human structure and related functions: Anatomy, biomechanics, kinesiology, neuroanatomy. 3. Well presented, well- mannered and articulate, people and service- oriented 4. Confident and professional manner in all environs 5. Working effectively under pressure and within tight time demands. 6. Decision Making Ability and Effective problem- solving skills
Career Objective	Seeking for a challenging and rewarding position in a dynamic, expanding and reputable University whereby both my creativity and skills can be utilized and developed.

Additional Experience history:

<ul style="list-style-type: none">Physical therapist in outpt and home health care settings for different conditions since 2012 till now.
<ul style="list-style-type: none">Quality assurance reviewer for physical therapy sessions and documentations at regency home health care from 2013 to 2015.
<ul style="list-style-type: none">Passed the internship year of Cairo University Hospital and faculty of physical therapy, Cairo University from November 1, 2006, to October 31, 2007.
<ul style="list-style-type: none">Physical Therapist and Interns Instructor/Supervisor at, Cairo University hospitals, Orthopedics Department, Giza, Egypt Since November 2008
<ul style="list-style-type: none">Physical Therapist for pediatrics cases at Prof. Dr. Kamal. E. Shokry' Clinic, Cairo, Egypt (November 2007-October 2009)
<ul style="list-style-type: none">Organizer of "Cairo University central lab. Activities" workshops, February 2006, faculty of physical therapy, Cairo University.
<ul style="list-style-type: none">Organizer of Cairo University international conference of physical therapy, March 2006.
<ul style="list-style-type: none">Organizer of Dr. M. Sabbahi course which is held in June 2008 under the title "manipulation & mobilization of Lumbosacral spine in patients with LBP- EMG based technology- (SABBAHI TECHNIQUE).

CERTIFICATES:

Manipulation and mobilization of the lumbosacral spine in patients with LBP: EMG-based technology-SABBAHI TECHNIQUE. 36 hours. By Prof. Dr. M. Sabbahi.
Medley of spine techniques, Dr. Christopher Shannon.
An evidence based treatment approach using manipulation for the lumbo-pelvic region.
Surgical preconditions for rehabilitation after orthopedic trauma, Cairo University
Diagnostic radiology, Cairo university hospital
Visceral manipulation grade 1 course, Cairo University
Pelvis osteopathy course, Cairo University
Pediatric PT Practice
MBA abstract to mastering HR& OB, international society of petroleum engineering (SPE)
Self-employment (introduction to MBA), international society of petroleum engineering (SPE)
Life skills - (Intellectual, communication, presentation, decision-making and problem-solving skills) international society of petroleum engineering (SPE)