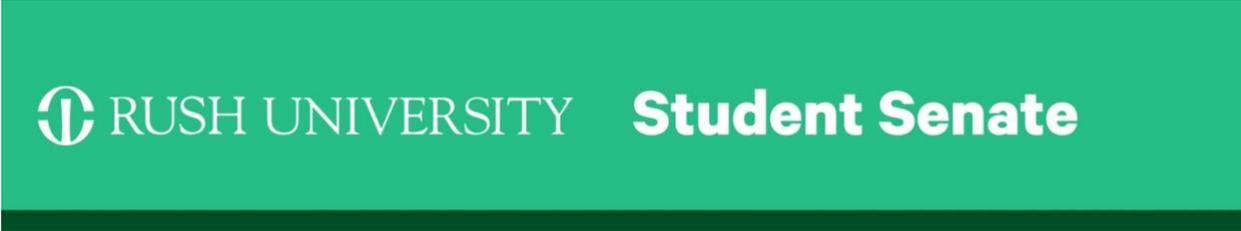


From: University_News
Sent: Friday, April 3, 2020 3:52 PM
To: University_News
Subject: A Message from RU Student Senate



The logo features a green rectangular background. On the left is the Rush University logo, a white circle containing a stylized 'R' with a vertical line through it. To the right of the logo, the words 'RUSH UNIVERSITY' are written in white, uppercase, serif font. Further to the right, the words 'Student Senate' are written in a larger, white, bold, sans-serif font.

Rush University Students,

Rush University Student Senate here! We just wanted to extend a message to our amazing fellow students during this unprecedented time offering our support and thanks as we continue on our academic journey during an uncertain time. Let's be honest, this time is hard for everyone, especially this adjustment period as we move our classes, and frankly the majority of our lives, online. It can feel very isolating and even lonely, but you are not alone in your feelings! You should know that Rush has online resources, including [this article](#) with tips on healthy ways to combat social isolation. Rush University also offers wellness resources, some of which are available 24/7, to make sure that your mental health is a priority during this time and always. Our wellness resources are available virtually so that we can maintain social distancing. If you are dealing with anxiety due to COVID-19 or any other circumstances, you can [find more information on wellness here](#).

On a more positive note, we have a lot to celebrate in the coming months, especially 2020 Commencement! Even though it won't be like any ceremony we've had before, we are so proud and can't wait to virtually cheer you on! If you're graduating, please fill out [this form](#) by **this weekend** so that you are included in the virtual flipbook with a microsite detailing your achievements at Rush University.

Lastly, one more reminder that we are all in this together, even though we are physically apart. Video chatting is a great tool, and not only for virtual instruction. Plan virtual hangouts with your friends and loved ones. We can still have movie and game nights, with a little creativity and WiFi. Maybe even participate in a virtual "happy hour"! Remember, we are here for you!

Stay safe and healthy out there fellow students!

Sincerely,

[Ayaat Dahleh, Chair](#)

[Allison Blevins, Vice Chair](#)

[Ashley Barry, Secretary](#)

[Natasha Ferguson, Media Liaison](#)

[Allison M Tambeaux, GC College Rep](#)

[Oscar A Jimenez, GC College Rep](#)

[David J Hughes, CHS College Rep](#)

[Tatiana E Wilczak, CHS College Rep](#)

[Carmela Twilley, CHS College Rep](#)

[Melinda E King, CON College Rep](#)

[Karolyn Grunawalt, CON College Rep](#)

[Jennifer P Romanello, RMC College Rep](#)

[Wassim Hmeidan, RMC College Rep](#)

[Fadi Hamati, RMC College Rep](#)

[Brinda Bradaric, PhD, Faculty Advisor](#)

[Thomas Holland, MD, Advisor](#)

[Angela K. Branson, MS, Director of Student Life and Engagement](#)